

Catering Assistant

What do I do?

- I plan and cook meals for patients to enjoy in hospital.
- I prepare food and use kitchen equipment.
- I wash up and keep the kitchen area clean.
- I store food correctly and make sure it isn't wasted.

What am I like?

- I am interested in food and cooking.
- I can work in a hot, noisy kitchen.
- I am able to move and lift heavy trays of food.
- I am friendly.

What next?

- You may need a Level 1 qualification (Functional Skills L1 or GCSE G-D / 1-3 grade).
- Gain experience of catering or customer service, from paid employment or voluntary work.
- You will be trained while you are working, in: food hygiene, health and safety, and manual handling.

